

# Vibrant Health & Wellness Foundation and its Sliding Scale Fee Policy for Health Education Services

Revised 4/16/2024

1. **The Vibrant Health & Wellness Foundation is a non-profit organization that provides wellness services in the Washington DC & DMV area. Their mission is to promote health and well-being for the community.**

Location: 1400 Mercantile Lane, Ste 206, Largo, MD 20774

**Phone Number: For inquiries, you can reach us at (301) 966-7555, Fax 301 966-7529.**

2. **Vibrant Health** accepts most insurance plans, including **Medicaid and Medicare**, and offers a **sliding fee scale** for those without insurance.
  - **Sliding Fee Discount Program:** Vibrant Health offers a **sliding fee scale** for individuals without insurance. This program ensures that everyone has access to quality healthcare. If uninsured, you can benefit from reduced fees based on your income and family size.
  - **Vibrant Health & Wellness Foundation offers Health and Social Outreach & Referral services directly to Prince George's County Health Department without cost.**

Applicants are encouraged to complete the embedded form:

<https://forms.gle/vQM7CwDmZv8qnU3a7>

Remember, your ability to pay should not hinder you from receiving essential healthcare services. If you have any concerns or need further information, please contact us directly.

**Please Note:** Vibrant Health & Wellness Foundation does not provide medical treatment. We encourage those seeking medical services to contact the Healthcare Providers listed below to discuss their sliding fee scales.

1. Integrated Medical Center – 525 Eastern Ave, Ste B1, Fairmont Heights, MD 20743 (301 333-3770)
2. Mercy Health Care & Clinic – 1400 Mercantile Ln, Ste 204. Largo, MD 20774 (240 268-1888)
3. Lakewood Family Clinic – 1400 Mercantile Ln, Ste 180, Largo, MD 20774 (301 925-7022)
4. Happi Family Care & Clinic – 9470 Annapolis Road, Ste 311, Lanham, MD 20706 (301) 731-3000

4. The **Vibrant Health & Wellness Foundation** offers a variety of wellness programs to support your health and well-being. Let us explore some of their offerings:
  - **(HRA) Assessment and Screenings** - These tests help identify risk factors and make employees aware of their current health.
  - **Health/Wellness Coaching** - Health specialists work one-on-one with employees to provide support and accountability to ensure progress and monitoring.
  - **Chronic Disease Prevention and Management** - Experts identify early risks and provide opportunities to connect with clinicians to start care plans to improve health.

# Vibrant Health & Wellness Foundation and its Sliding Scale Fee Policy for Health Education Services

Revised 4/16/2024

- **Disease Management** - Specialists identify early risks and provide opportunities to connect with clinicians to start care plans to improve health.
- **Prevention Services** - VHWF provides preventive care and referral services as appropriate.
- **Employer Community Outreach** - Engaging employees in care plans and participation in wellness programs, workshops, and self-leadership development.
- **Employee Incentive Rewards** - Motivation techniques to get your employees to participate and actively engage in appropriate wellness programs.
- **Nutrition & Weight Management** - Integrated systems allow employers to receive custom reports that track the health of their employees and the utilization of employee programs.
- **Area-Based Outreach Initiatives** - As an example, the 'Residential Vegetable Garden Initiative,' increases access to healthy food choices promoting wellness.
- **Workshops** - Our community partnership approach allows for chronic disease prevention and self-management workshops, presentations, and conferences to be tailored to community needs!
- **Food as Medicine** – Exploring the use of plant-based/whole foods to promote health and longevity.
- **Physical Activity Programming** – Our outdoor physical activity programs are designed to strengthen the body and mind.

## Paying for Your Appointment

Vibrant Health accepts most insurance plans. Please be advised that clients are responsible for verifying if their providers are in our network and if not other service provisions need to be considered.

Vibrant Health offers high-quality health care at a reduced cost by offering a Sliding Fee Discount Program of \$5.00 per household member based on the Federal Poverty line of \$14000 income level. To apply for the discount, a completed Sliding Fee Discount Program Application is required along with a photo ID, proof of address, and proof of income for all adult household members.

Remember, Vibrant Health & Wellness Foundation is committed to supporting your well-being, and its programs cater to various aspects of health. Feel free to explore these offers or reach out for more details!

Gregory Taylor, President

Revised Date: 4/16/2024.

*Gregory Taylor*