



**Vibrant Health and
Wellness Foundation**



Minority Outreach and
Technical Assistance

Present...



WASHINGTON D.C.

Community Conversation Day

May 20, 2023 8:30 AM - 2 PM

All Nations DC @ 4703 Marlboro Pike

Capitol Heights, MD 20743

Special Guest: Milton Mills, MD

**Free
Continental
Breakfast**

**Physical
Environment
affects on
Health**

**Social
Determinants
of Health**

**Holistic
Counseling
- Mental &
Behavioral**

**Economic
Education &
Personal
Development**



**Racism,
Diet and
Health**

**Community
Health
Support**

**Your
Neighborhood
and Health**

**Fitness for
Stability &
Health**

**Financial
Literacy**

**Spiritual
Counseling**

**Free Light
Lunch**

Free Event! Registration Required
<https://forms.gle/Ksfj1PAJxJMZaGYFA>

BETTER HEALTH
THROUGH BETTER UNDERSTANDING



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